

Homer Community Schools

Back to School
Newsletter
2023

Dear Students, Parents, Staff, Patrons, and Friends:

Welcome to the 2023-24 school year! I eagerly await the start of the year and the excitement that comes with students and staff returning to classes, as well as parents, family, and community members attending school events! I value ongoing conversations and discussions in the best interests of our students! Feel free to contact me anytime at 402-404-9869, greggcruickshank@homerknights.org, or stop in or schedule a visit when you have time in your schedule. This edition of the Knightwriter, the school website (http://homerknights.org), and the school Facebook page have information pertaining to the start of the school year.

Welcome to Mr. Tom Coviello, our new JH-HS Principal! Mr. Coviello comes to the district with 24 years of administrative experience in South Sioux City, Lexington, North Platte, and districts in Colorado. I'm excited for his tenure to begin at Homer and the leadership experience he brings to the Junior High/High School. Three staff have been promoted in the central office and administrative support – Amy Brand to Business Manager/Board Secretary, Lynn Jansen (Rich) to District Administrative Assistant, and Hollie Waldee to Building Administrative Assistant. Each of them has multiple years of successful experience in previous positions in the district.

Facility addition and renovation

The facility project will be complete for the start of school on August 17th. The project has progressed seamlessly thanks in large part to the collaborative efforts and communication between general contractor Ho-Chunk Inc., BCDM Architects, and district Facility Director Bill McPherran. Highlights of the project include:

- New elementary classrooms.
- New science classrooms.
- Repurposing and reorganizing space in the Industrial Technology lab to enhance welding, construction, and automotive programs.
- Dedicated and flexible spaces for learning interventions, elementary guidance, online learning, study hall, activity practices, Teammates, and various meetings.
- New elementary restrooms.
- Expanding space in existing classrooms.
- Installation of bullet-resistant film on all external and internal glass.
- New heating and air conditioning for 90% of the facility.

The public is invited to an Open House on Sunday, August 13^{th} from 1-4 p.m. Guided tours will be conducted on the half-hour (1, 1:30, 2, 2:30, 3,and 3:30) and refreshments will be served.

Gregg Cruickshank, Superintendent

From the Superintendent's Desk August 2023 Daily entrance and dismissal



Start Time

• 8 a.m.

Dismissal Time

• Normal Time: Elementary (PK – 5) 3:20 p.m. JH-HS (6 – 12) 3:30 p.m.

Early Dismissal: Elementary 1:50 p.m.
 JH-HS 2 p.m.

NORTH ENTRANCE/EXIT:

Students who walk or ride their bikes.

 Please use the sidewalk at 4th and John St. and proceed south to the school grounds.

MAIN ENTRANCE/EXIT

- Students who are dropped off and/or picked up by vehicle.
- Park in a spot inside the orange cones. Thirty-two (32) spots will be reserved for drop off and pick up.
- Drop off students will exit the vehicle and use the crosswalk to enter the building.
- Pick up students will be waiting outside the main entrance/exit.

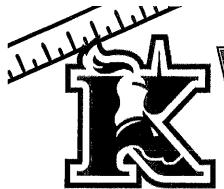
 They may walk through the crosswalk to the vehicle or parents may walk up to the main entrance to pick up their child.

SOUTH ENTRANCE/EXIT

- Students who ride the school bus.
- Buses will drop off and pick up at the designated areas at the south end of the parking lot. All students (PK -12) who ride the bus will enter and exit the building through the south entrance.

Students who drive may use the north entrance/exit or the main entrance/exit.

All entrances/exits and the parking lot will be supervised by staff from 7:40 – 8 a.m. and 3:20 – 3:40 p.m.



WELCOME MESSAGE **BY MRS. UHL**

Welcome to the 2023-2024 school year! I can't wait for students and families to see our updated facilities! As always, I believe in collaborative relationships between families and school staff. We look foward to working with families to help your child grow and learn! Please do not hesitate to reach out with any questions you may have.

MORNING ARRIVAL

Breakfast is served in the lunchroom.

Students arriving after that time need to

stop at the office and will be marked tardy.

your

late/absent/leaving early, please contact

Doors open at 7:30 AM.

School starts at 8:00 AM.

know

vou

the office.

NEW STAFF



Brittni Olson



Morgan Johnson

STUDENT HANDBOOK CHANGES:

Separated into district, elementary, and junior high/high school

PLEASE REVIEW THE CHANGES THAT WERE MADE.

FRIENDLY REMINDERS

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- Students go outside for recess if the temperature is above a real feel of 0°.
- If it is raining or below that temperature, we will have inside recess and students will need their PF shoes.

ELEMENTARY NEWSLETTERS

- · Shared monthly for elementary students and families.
- Will be shared through SchoolMessenger, school's social media, and school website under my webpage.
- Contains events and information for elementary students and families!

SCHOOL DISMISSAI

 Monday, Tuesday, Thursday, and Friday elementary will dismiss at 3:20 PM and exit through the south doors.

child

will

- On Wednesday, elementary students will dismiss at 1:50 PM.
- Please communicate any changes to your child's typical transportation with their classroom teachers.



EXPECTATIONS

Be Safe Be Respectful Be Responsible



WELCOME MESSAGE FROM MR. COVIELLO

Welcome to the 2023-2024 school year! I am Mr. Coviello (pronounced Cove E Yellow) and I am honored and excited to serve you all as the 6-12 Principal for Homer Community School! I look forward to getting to know you all as the year begins. Please feel free to stop in and introduce yourself anytime as my door is always open. This is my 31st year in education and 24th year as an administrator and I have never been more excited to start a new school year!

Through discussions, considerations, and with the approval of the Homer Board of Education, it is with great pleasure that I inform you that the 6th grade will be transitioning into the Junior High for the upcoming school year. This educational experience and schedule will provide those students with multiple opportunities to further develop behaviorally and academically. See you all soon!

MORNING ARRIVAL

- Doors open at 7:30 AM.
- Breakfast is served in the lunchroom.
- School starts at 8:00 AM.
- Students arriving after that time need to stop at the office and will be marked tardy.

 If you know your child will be late/absent/leaving early, please contact the office at office@homerknights.org

SCHOOL DISMISSAL

- Monday, Tuesday, Thursday, and Friday secondary will dismiss at 3:30 PM and exit through the north or front doors.
- On Wednesday, secondary will dismiss at 2:00 PM.
- Please communicate any changes to your child's typical transportation with the office.

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NEW STAFF

I WOULD LIKE TO WELCOME SOME NEW AND FAMILIAR FACES TO OUR TEACHING STAFF FOR THE 2023–24 SCHOOL YEAR!

Paige Moos - Band

Carrie Vanschoiack - 6-8 English

Kealy Ensminger - 6-8 Special Education

Nicole Launsby - Math/Science

Casey Tremayne - 6-12 Art

STUDENT HANDBOOK CHANGES:

Separated into district, elementary, and junior high/high school

PLEASE REVIEW THE CHANGES THAT WERE MADE.

COMPUTER CHECK OUT

School issued computers will be handed out the first day of school, August 17 for 6-12 students. To be issued a computer, the student must pay the technology fee and have the AUP pledge on file. The \$25 technology fee can be paid to the main office, and is waivable if your child receives free or reduced lunch, see the office for details.

NEW STUDENT REGISTRATION INFORMATION

If you are a new student/family into the Homer Community School District, please note the dates and times for registration.

New students will need to register with office personnel (K-5) or Mr. Horner, Guidance Counselor (6-12) on Tuesday, August 1st or Thursday, August 3rd, from 9:00 a.m. - Noon or 1:00 - 3:00 p.m.

~~IMPORTANT DATES~~

August 1st & 3rd	August 15 th	August 17 th	August 18th
New Student Registration	Open House/Cookout	1st Day of School	Regular
9:00-noon or 1:00-3:00	from 6:00-7:00	2:00 Dismissal	Schedule

OPEN HOUSE/COOKOUT

Homer Community School will host an Open House/Cookout on Tuesday, August 15th from 6:00 p.m. until 7:00 p.m. Details will be posted to the website.

**Check out the school website for the latest school news including athletic schedules, activities, and Open House details. **
homerknights.org

Welcome New Staff Members to Homer School!!

Paige Moos – Band Brittni Olson – Kindergarten Carrie Vanschoiack - Language Arts Kealy Ensminger - 5-8 Resource Kris Noreen - HAEP

Staff Changes....

Mr. Coviello - JH-HS Principal Mrs. Tremayne -Art teacher Ms. Phillips- K-5 Guidance Mrs. Launsby- Math/Science Mrs. Wright- Math/Social Studies Amy Brand - Business Manager Lynn Jansen - District Secretary Hollie Waldee - Secretary



Picture Day is September 18th! Mark your calendar!



School is in session at the following times:

Day
0-1:50
0-2:00

Reminder for all parents!!

If your child is not going to be in school, please call the office as soon as possible in the morning to let us know.

402-698-2377 ext. 101 or 102 or office@homerknights.org

Thank you for your cooperation!

Homer Community School 2023-2024 Calendar

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Sun	Mon	Tue	Wed	Thu	Fri	Sat
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24	25	26	27	28	29	30

Sep 4: No School - Labor Day

Sep 20 & 21: PT Conferences 4:00-7:00

Sep 22: No School PT Comp Day

Sep 25: No School - Professional Development

		Oct	ober:	2023		
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Oct 20: End of 1st Quarter 43 days

November 2023							
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August 2023

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Wed Thu

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Fri

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Sat

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Nov 14: No School Host Conf. One Act

Nov 23 & 24: No School

Sun Mon Tue

6 7

13 14

20 21

27 28 1

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Aug 14, 15, 16: Inservice and Professional Dev.

Aug 17: First Day with students. Dismiss at 2

Aug 10: New Teacher Orlentation

Aug 15: Open House from 6-7

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Dec 21: End of 2nd Qtr-1st Sem/41 and 84 days

Dec22: Teacher Workday Dec 22-Jan 3: No School

		Jani	uary :	2024		
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28	29	30	31			1.4

Jan 4: 2nd Semester Begins

:		Febr	ruary	2024		
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25	26	27	28	29		

Feb 7 & 8; PT-Conferences 4:00-7:00

Feb 9: No School PT Conf Comp Day

Feb 12: No School - Professional Development

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Mar 7 & 8: Spring Break

Mar 6: End of 3rd Qtr/43days

Mar 29: No School-Easter Break

		Αŗ	ril 20	24		
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28	29	30				

April 1: No School-Easter Break

April 5: Ivan K. Meet at Noon. Dismiss at 11:30

April 11: Homer Inv./No School Staff PD

		V	ay 20	24		
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May 11: Graduation at 2 p.m.

May 17: End of 4th Qtr-2nd Sem/48 and 91 days

May 20: Teacher Workday

2:00 Early Dismissal for
Professional Development
All Early Dismissals at 2:00

1st semester = 84 learning days 2nd semester = 91 learning days

June 2024							
Sun	Mon	Tue	Wed	Thu	Fri	Sat	
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No School - Vacation Days, Holidays

No School - Staff Only 2:00 Early Dismissal

Parent Teacher Conferences

No School - Exchange Days for Conferences

Inclement Weather days are designated as May 20-24

Total Student Learning Days 175

Total Teacher Contract Days 185

Distribution of School Calendar Days

Noon or earlier Dismiss End of Quarter



. New Teacher Orientation

Melcome Back Cookout!

Homer Community School would like to show our appreciation to the community

by hosting a cookout on

Tuesday, August 15th

6:00-7:00 p.m.

Served in the Lunchroom

Enjoy a hot dog,

chips, cookie

and

a drink!







Homer Community School District Transportation/Bus Rates 2023-2024



The Homer Community School District will provide district sponsored transportation to and from school for students living inside the Homer Community School District boundaries. This year our transportation services will be provided by First Student.

For students attending the Homer Community School District living outside the district boundaries, bus passes may be purchased. The passes must be purchased prior to using bus transportation. Specific pick-up points and transportation schedules will be publicized.

Bus Rates							
	<u>St</u>	udent #1	<u>Stu</u>	udent #2	Student #3+		
Annual ₍₁₎	\$	715.00	\$	214.00	Free		
Semester(2)	\$	358.00	\$	107.00	Free		
Monthly(9)	\$	80.00	\$	24.00	Free		
Family maximum equals Student #1 fee plus Student #2 fee. Daily Pass is available for \$2.00.							

Families qualifying for Free Lunch will have their fee waived.
Families qualifying for Reduced Lunch will pay 25% of the set fee.

Reduced Bus Rates for Qualifying Families						
	Student #1	R25%	Str	ıdent #2	R25%	Student #3 +
Annual(1 payment)	\$ 715.00	180.00	\$	214.00	52.00	Free
Semester(2 payments)	\$ 358.00	90.00	\$	10700	26.00	Free
Monthly(9 payments)	\$ 80.00	20.00	\$	24.00	6.00	Free
Family maximum equals Student #1 fee plus Student #2 fee. Daily Pass is available for \$2.00.						

^{*} Annual payments are due by September 1st.

^{*} Semester payments are due by September 1st and January 1st.

^{*} Monthly payments are due by the 1st of each month from September through May.

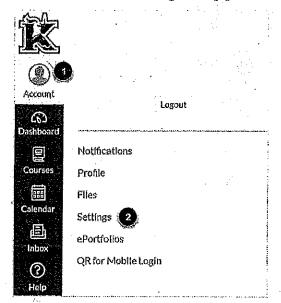
How can I see what my child is doing in Canvas?

Parents can sign up as an observer in Canvas. Observers can link their Canvas account to their student's account so they can see assignment dues dates, announcements, and other course content. Observers can view the course content but cannot participate in the course.

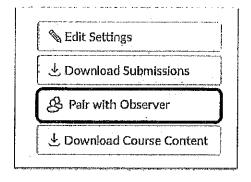
To observe a student, you must have a student pairing code. This must be completed by the student. Pairing codes will expire after seven days or its first use. A new pairing code must be generated for each observer.

Generating a student pairing code.

- 1. Have your student login to their Canvas account at https://homerknights.instructure.com
- 2. In Global Navigation, click the **Account** link [1], then click the **Settings** link [2].



3. Click the Pair with Observer button.



4. Copy the six-digit alphanumeric pairing code [1]. You will need to share the code with the observer who will link to your account. The pairing code will expire after seven days or its first use.

To close the window, click the **OK** button [2].

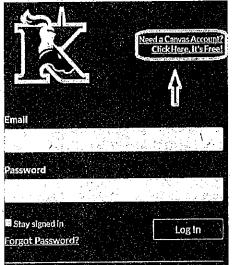
Note: Pairing codes are case sensitive.

Shara the fail	owing pairing code with an	absoruer te alleur
	ect with you. This code will	
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EcYkrK		



Signing up for a parent account.

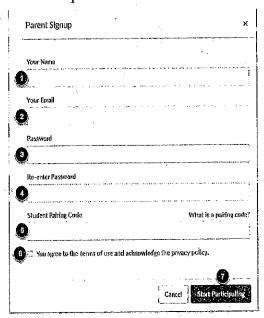
- 1. Go to https://homerknights.instructure.com
- 2. Click to Register.



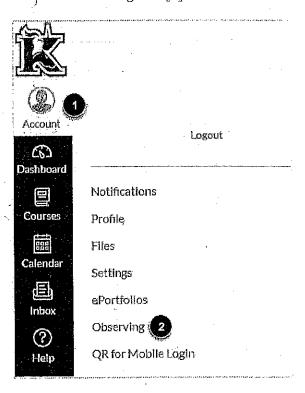
3. Sign up as a Parent.



4. Enter Setup Details.



5. Once your account is setup, you can add additional students by going to Global Navigation, click the **Account** link [1], then click the **Observing** link [2].



6. Type the pairing code in the Student Pairing Code field [1] and click the Add Student button [2]. Remember pairing codes will expire after seven days or its first use.

Observing
Student Pairing Code
ABc123
+Student 2
Students Being Observed
Homer Student





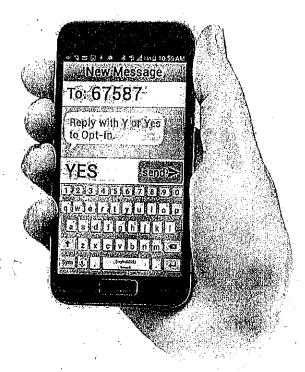
Parents and Guardians

You can take advantage of our Text Messaging Service

Our school utilizes the SchoolMessenger system to deliver text messages, straight to your mobile phone with important information about events, school closings; safety alerts and more.

You can participate in this free service* just by sending a text message of "Y" or "Yes" to our school's short code number, 67587.

You can also opt out of these messages at any time by simply replying to one of our messages with "**Stop**".



SchoolMessenger is compliant with the Student Privacy Pledge[™], so you can rest assured that your information is safe and will never be given or sold to anyone.

Opt-In from your mobile phone now!



Just send "Y" or "Yes" to 67587

Information on SMS text messaging and Short Codes:

SMS stands for Short Message Service and is commonly referred to as a "text message". Most cell phones support this type of text messaging. Our notification provider, SchoolMessenger, uses a true SMS protocol developed by the telecommunications industry specifically for mass text messaging, referred to as "short code" texting. This method is fast, secure and highly reliable because it is strictly regulated by the wireless carriers and only allows access to approved providers. If you've ever sent a text vote for a TV show to a number like 46999, you have used short code texting.

Homer Community School 2023-24 Elementary Class List

Kindergarten - 34

Mrs. Scott - 19 Bisson, Khloe Barner, Mia Blackfish, Kayin Blom, Ava Bundy, Elijah Carlin, Hendryx Dickey, Lennox Dorcey, Peyton Jensen, Nora Kluver, Hayden Krause, Cody Lamb, Lenna LaPointe, Brigham Long, Brailey Malloy, Elton Pirozek, Aspynn Rohde, Cody

Stewart, Bennett Tapper, Kinnick

Ms. Olson - 15 Bass, August Boggess, Jack Chernock, Jaxon Estochen, Brooks Farewell, Braxton Harris, Sofia Hulse, Layton Hunter, Luca Irwin, Lennon LaPointe, Clara Moore, Milani Rushing, Celissa Smith, Linus Stroot, Gianne Thomas, Briella

1st Grade - 23

Mrs. Dorcey - 12	Mrs. Boelter - 11
Anderson, Aubrey	Barclay, Scout
Bisson, Karson	Bates, Jaxson
Brewer, Rex	Bousquet, Loella
Bybee,Brynn	Cain, Dastan
Dorcey, Ty	Dorcey, Lilly
Gotch, Emma	Harris, Lucas
Gubbels, Adelyn	Jividen, Laney
Kubik, Rosie	Nelsen, Kayson
Oban, Mackenzie	Schooley, Cora
Stabler, Asher	Snyder, Kash
Tremayne, Miles	Tucker, Kenneth
Ziska, Weston	

3rd Grade - 29

2nd Grade -23

Mrs. Morgan - 11 Barclay, ViviElle Boucher, Mckenna Dickey, Briggs Fisher, Grayson Harris, Sawyer Hunter-Maxwell, Edyn Krause, Leah Lang, George Rogers, Kannon Weil, Rylan Ziska, Lincoln

Mrs. Curry - 15	Mrs. Hermelbracht -14
Bleii, Emma	Bisson, Kaylee
Doenhoefer, Jaxon	Blackfish, Dalise
Dunn, Kinlee	Bousquet, Jameson
Estochen, Kinleigh	Bousquet, Leah
Harrison, Greysen	Cain, Sullivan
Heikes, Kanin	Eriksen, Kinley
Jessen, Alayna	Jensen, Alayna
Kluver, Hayslee	Krontz, Zander
Krontz, Xzavier	Martin, Dawson
Madison, Brenner	Oothoudt, Abbie
Snow, Jimmy	Robertson, Landyn
Strong, Natalie	Stroot, Jacob
Tremayne, Aubrey	Warren, Jase
Verzani, Averie	Willett, Laila

Homer Community School 2023-24 Elementary Class List

4th Grade -39

5th Grade - 30

Ms. Jump -19
Barclay, Beckett
Bybee, Jace
Cale, Sadie
Church, Jacob
Daniels, Ireland
Deemer, Karen
Driggers, Lennon
Estochen, Aiden
Kramper, Axel
McGinnis, Falyn
Otterpohl, Lillian
Parks, Gracelyn
Probst, Hunter
Rushing, Calina
Scott, Alexis
Sun, Peyton
Ubbinga, Parks
Verzani, Brantley
Welch, Kinsley

Ms. Steffen - 20 Barner, Jace Brewer, Lilly Bundy, Caleb Bylsma, Charlee Carlin, Lyla Caskey, Avan Claassen, Autumn Daniels, Athena Fogarty, Jax Geisler, Olivia Gubbels, Reid Hightree, Eli Krause, Rykar Lyons, Kimberley McKibbin, Kendra Ordonez, Andres Paw, Wah Schincke, Taedyn Schooley, Carson Shults, Brody

Mrs. Olson - 16 Fogarty, Jace Harris, Kole Harris, Oliver Kocian, Sydney Krause, Clara Krause, Kamri LaPointe, Melody LittleWalker, Graileigh Madison, Ainsley Newlon, Sophie Oldenburg, Emma Reed, Sofia Scott, Sienna Uhl, Kaleb Walker, Ryan Ziska, Collin

Mrs. Schmidt - 14 Ahlsten, Ella Boucher, Chance Cale, Gabriella Harrison, Brysten Kearnes, Ryleese Pieper, Charlotte Purscell, Marilyn Rohde, Jackson Snowball, Hollis Stroot, Elizabeth Thorne-Smith, Molly Vanschoiack, Haryson Walker, Ava Warren, Harper

HOMER COMMUNITY SCHOOL SUPPLY LIST 2023-2024

Preschool 3yr old program

1 backpack (large enough for binder) 1 box of 16 ct. Crayola colored pencils 1 pair of bounce back scissors 2 boxes of regular Crayola crayons (24ct.)

3 large glue sticks 2 tubs of playdoh 2 boxes of triangular crayons (8ct) 1 white 3 ring binder 1"
2 containers of Clorox wipes 2 large boxes of Kleenex tissues

1 pair of (Velcro no Laces) gym shoes (TO BE LEFT AT SCHOOL)

Complete change of clothing (shirt, pants, underwear, socks) in large zip lock bag, labeled with child's name, to leave at school. **Please do not worry about putting a name on supplies, we will put them all together and share **NO REST MAT NEEDED** throughout the year!!**

Preschool 4yr old program

1 backpack (large enough for a binder) 1 box of 16 count Crayola colored pencils 1 pair of scissors 2 boxes Crayola crayons (24 count) 3 large glue sticks 2 white 3 ring binder 1" 2 boxes 8 count Crayola markers 1 box triangular crayons (8count). 1 pair gym shoes (TO BE LEFT AT SCHOOL) 1 large box Kleenex tissue

Complete change of clothing (shirt, pants, underwear, socks) in large zip lock bag, labeled with child's name, to leave at school. **Please do not worry about putting a name on supplies, we will put them all together and share throughout the year!!** **NO REST MAT NEEDED**

Kindergarten

24 ct colored pencils 2 boxes of 24 count regular Crayola crayons

1 Crayola watercolors 2 boxes Crayola markers

8 Elmer's glue sticks (jumbo)

1 pair (over the head) headphones 1 plastic pencil box (8'x4") 1 Fiskar blunt scissors 1 pair gym shoes - TO BE LEFT AT SCHOOL

1 large soft eraser (pink pearl)

2 large box Kleenex tissue (175 or 200 count) 1 package of sharpened pencils

1 bottle Elmers's glue large backpack - BRING EVERYDAY

1 white binder with clear front pocket 1" 2 notebooks

2 folders 1 container of Clorox wipes

1 box of Ziploc quart bags (boys only) 1 box of Ziploc gallon bags (girls only)

Complete change of clothing (shirt, pants, underwear, socks) in large zip lock bag, labeled with child's name, to leave at school. **Please do not worry about putting a name on supplies, we will put them all together and share throughout the year!!**

1st Grade

1 pair of pointed scissors 2 pink erasers

3 bottles of Elmer's glue

1 plastic folder (blue)
2 JUMBO Elmer's glue sticks 2 sets of Crayola markers (classic colors) no thin markers

2 large boxes Kleenex

1 pack yellow #2 pencils 1 box of 12 colored pencils P.E. shoes (TO BE LEFT AT SCHOOL) 4 pack of dry erase markers 2 containers Clorox wipes

4 boxes of 24 count Crayola crayons 1 pair over the head-headphones

Label only P.E. shoes and headphones

HOMER COMMUNITY SCHOOL SUPPLY LIST 2023-2024

2nd Grade

1 good pair of pointed Fiskars scissors

2 boxes of 24 Crayola crayons

2 (10) count of Crayola markers Classic Colors

8 large glue sticks (no small and no smelly)

1 18 ct. of pencils

1 bottle hand sanitizer

100 ct. box Ziploc sandwich bags (boys only)

1 red folder (Social Studies)

1 set of cheap headphones (not wireless) 1 10 count fine line Crayola Markers

3 large boxes of Kleenex

P.E. shoes (TO BE LEFT AT SCHOOL)

2 boxes 24 count Crayola colored pencils

42 ct. box gallon Ziploc bags (girls only)

1 purple folder (Science)

3 containers Clorox Wipes

*****Please do not send extra things not on the list. *****

3rd Grade

1 pair scissors

2 pink erasers

2 glue sticks

10 ct set of markers

24 ct colored pencils

Headphones to stay at school

Backpack

1 spiral notebook (single subject)

P.E. shoes (TO BE LEFT AT SCHOOL)

1 plastic YELLOW folder

24 ct crayons

1 water bottle to stay at school

1 box of Kleenex tissue

4th Grade

Large supply of pencils

24 pack of crayons

2 1-inch binders (Jump Only)

White erasers

3 plastic folders

P.E. shoes (to keep at school)

Large crayon box

Pack of markers

scissors

Pack of multi-colored pens (Jump Only)

Headphones

3 notebooks (Steffen Only)

Pack of glue sticks or glue bottles

2 packs of black Expo markers

1 large boxes Kleenex

Hand sanitizer

Pack of colored pencils

1 water bottle (to stay at school)

5th Grade

Backpack (to be brought to and from school)

2 boxes Kleenex

1 pair of scissors

Headphones

36 #2 pencils

1 bottle Elmer's glue

1 box of Crayola markers- 8 or 10 ct.

1 box of 24 colored pencils

1 roll paper towel

P.E. bag and shoes (shoes will be left at school) 1 bottle of hand sanitizer

2 containers disinfecting wipes

4 black expo dry erase markers

1 spiral notebook

2 large erasers

3 white binders 1" (Mrs. Olson's class only)

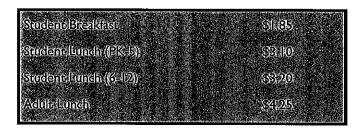
TIME FOR FRESH

INFORMATION . PAYMENTS . MEAL PRICES . MENUS . LOCATIONS . CONTACTS

We look forward to the coming school year at Homer Community School District as Lunchtime Solutions continues to provide your food service program.

The purpose of this communication is to provide you with an overview of the school food service program this year. If you have any questions or comments about our program, please feel free to contact Kassi Schwier Food Service Director, at 712-454-9910 or k.schwier@lunchtimesolutions.com. For your convenience, our menu is posted monthly on the school website.









SCHOOL BREAKFAST

Breakfast is served in the dining areas before school starts. Please encourage your student to participate in school breakfast.

Research studies show that eating breakfast can help students perform better in the classroom.



School lunch will offer a wide variety of choices for students.

All students have multiple entrée choices daily.

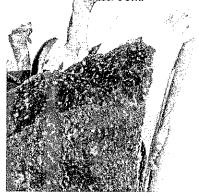
All meals include an entrée choice, a hot vegetable plus the unlimited Fruit & Veggie Bar, and milk choices.





ONLINE MENUS

Connect with us through the Lunch Menu link on your school district's website where you'll find links to our monthly menus, nutrition information, healthy tips and links to other programs in your students' lunchrooms.







SCHOOL LUNCH

Parents and/or students are encouraged to check their meal account balances by logging into PowerSchool on the Homer Community School website at www.homerknights.org. On Monday/Thursday of each week low/negative balance info are sent out. If you have any questions please contact Lynn Rich in main office.

A Point of Sale (POS) software system is used for the school lunch program. Please note the following important information:

- Each student will have his/her own individual Student Account.
- If sending cash with a student, place in a sealed envelope, along with the student's name and lunch account number.
- We are not responsible for lost, unidentified, or stolen cash. Deposits should be turned in by 9:00 a.m. at the student's school.

Lunch Account Deposits must be made before school starts. Because we receive an overwhelming amount of deposits the morning of the first day of school, we cannot guarantee that we will be able to input all deposits into accounts before the lunch period begins. To ensure that your deposit is credited to your student's lunch account on the first day of school, please send your first deposit, for each student in your family, to the address below:

PO Box 340 Homer, NE 68030

Or

Drop it off @ the office during open house on August 15th.

Include your name, your student's name, and your student's lunch account number, along with any changes in your address or telephone number.

Applications for Free and Reduced-prices meals can be picked up and turned in at the office.

All students will be at Paid status on the first day of school, unless the Free & Reduced application has been received and approved prior to the first day of school.

DIET MODIFICATIONS

Families are responsible for notifying the School Food Service if their child requires a diet modification because of a life threatening disability. A licensed physician must provide specific written medical documentation.

Please contact Kassi Schwier at the School Food Service office for more

SNACKS

For Middle/High School students, snack items will be available during the lunch period.

Snack items offered include:

Fruit drinks

Ice cream

Variety of Chips Granola Bars

Yogurt

EXTRA ENTRÉE - EXTRA MILK

All snacks meet standards set by the District's Wellness Policy.

All students, at an extra cost, can purchase an additional entrée or milk offered as part of the school lunch program.

For example if a student wants a second entrée, or an additional entrée, like a slice of pizza, then that entrée can be selected in the lunch line and charged to the student's account.

Extra entrees are only sold to students who first purchase a school lunch.

All students can have extra servings of these with no charge: Canned Fruit Fresh Fruit **Vegetables**

If a student is free or reduced they may receive one entrée with their meal but they must have money in their account to purchase any extra

JOIN US ANYTIME

Please feel free to join your child for a meal any day. The cost for an adult breakfast is \$2.40 and an adult lunch is \$4.25.

> Please pay for your lunch at the school office. We hope to see you there!

> > MY SCHOOL

Contact: Kassi Schwier **Food Service Director**

Phone: 712-454-9910

K.schwier@lunchtimesolutions.com





Breakfast, Lunch & Milk Prices School Year 2023-2024

Good nutrition is important for a child's health and learning. Below you will find prices for breakfast, lunch and milk. Students must have money in their lunch account in order to eat a hot meal at school. It is important that you, as parents, have money in your child's account. Each student's lunch balance can be checked on his/her PowerSchool screen (where you check their grades). As of this time, sibling accounts are still separate. You can send one check, but please tell the office how you would like the money split.

<u> Breakfast – Gra</u>	ades K-12	
\$ 1.85	Daily	\$.30(R)
\$ 9.25	Weekly	
\$ 37.00	Monthly	
Grades K-5		
\$ 3.10	Daily	\$.40(R)
\$ 15.50	Weekly	
\$ 62.00	Monthly	
Grades 6-12	•	
\$ 3.20	Daily	\$.40(R)
\$ 16.00	Weekly	
\$ 64.00	Monthly	



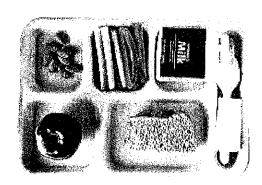
Milk Prices

\$.50 Daily

\$10.00 20 Day Milk Ticket

Adult Prices

\$ 4.25 Daily \$ 2.40 Breakfast



Attachment B: 2023-24

Homer Community School

July 6, 2023

Dear Parent/Guardian:

Children need healthy meals to learn. Homer Community School offers healthy meals every school day. Breakfast costs \$1.85; Elementary lunch costs \$3.10, MS & HS lunch \$3.20. Your children may qualify for free or reduced-price meals. Reduced price is \$.30 for breakfast and \$.40 for lunch. If your child(ren) qualified for free or reduced-price meals at the end of last school year, you must submit a new application by October 2, 2023 to avoid an interruption in meal benefits.

This packet includes an application for free or reduced-price meal benefits and a set of detailed instructions. Below are some common questions and answers to help you with the application process.

- 1. WHO CAN GET FREE OR REDUCED PRICE MEALS?
 - All children in households receiving benefits from the Supplemental Nutrition Assistance Program (SNAP), Temporary Assistance for Needy Families (TANF) or the Food Distribution Program on Indian Reservations (FDPIR) are eligible for free meals.
 - Foster children that are under the legal responsibility of a foster care agency or court are eligible for free meals.
 - Children participating in their school's Head Start program are eligible for free meals.
 - Children who meet the definition of homeless, runaway, or migrant are eligible for free meals.
 - Children may receive free or reduced-price meals if your household's income is within the limits
 on the Federal Income Eligibility Guidelines. Your children may qualify for free or reduced-price
 meals if your household income falls at or below the limits on this chart.
- 2. HOW DO I KNOW IF MY CHILDREN QUALIFY AS HOMELESS, MIGRANT, OR RUNAWAY? Do the members of your household lack a permanent address? Are you staying together in a shelter, hotel, or other temporary housing arrangement? Does your family relocate on a seasonal basis? Are any children living with you who have chosen to leave their prior family or household? If you believe children in your household meet these descriptions and haven't been told your children will get free meals, please call or e-mail Mr. Gregg Cruickshank, Superintendent.
- 3. DO I NEED TO FILL OUT AN APPLICATION FOR EACH CHILD? No. Use one Free and Reduced-Price School Meals Application for all students in your household. We cannot approve an application that is not complete, so be sure to fill out all required information. Return the completed application to: Homer Community School, PO Box 340, Homer, NE 68030.
- 4. SHOULD I FILL OUT AN APPLICATION IF I RECEIVED A LETTER THIS SCHOOL YEAR SAYING MY CHILDREN ARE ALREADY APPROVED FOR FREE MEALS? No, but please read the letter you got carefully and follow the instructions. If any children in your household were missing from your eligibility notification, contact Homer Community School, Office # 402-698-2377 ext. 102 office@homerknights.org immediately.
- 5. MY CHILD'S APPLICATION WAS APPROVED LAST YEAR. DO I NEED TO FILL OUT A NEW ONE? Yes. Your child's application is only good for that school year and for the first few days of this school year. You must send in a new application unless the school told you that your child is eligible for the new school year. If you do not send in a new application that is approved by the school or you have not been notified that your child is eligible for free meals, your child will be charged the full price for meals.

Attachment B: 2023-24

6. I GET WIC. CAN MY CHILDREN GET FREE MEALS? Children in households participating in WIC may be eligible for free or reduced-price meals. Please send in an application.

- 7. WILL THE INFORMATION I GIVE BE CHECKED? Yes. We may also ask you to send written proof of the household income you report.
- 8. IF I DON'T QUALIFY NOW, MAY I APPLY LATER? Yes, you may apply at any time during the school year. For example, children with a parent or guardian who becomes unemployed may become eligible for free and reduced-price meals if the household income drops below the income limit.
- 9. WHAT IF I DISAGREE WITH THE SCHOOL'S DECISION ABOUT MY APPLICATION? You should talk to school officials. You also may ask for a hearing by calling or writing to: **Mr. Gregg Cruickshank**, **PO Box 340**, **Homer**, **NE 68030**.
- 10. MAY I APPLY IF SOMEONE IN MY HOUSEHOLD IS NOT A U.S. CITIZEN? Yes. You, your children, or other household members do not have to be U.S. citizens to apply for free or reduced-price meals.
- 11. WHAT IF MY INCOME IS NOT ALWAYS THE SAME? List the amount that you normally receive. For example, if you normally make \$1000 each month, but you missed some work last month and only made \$900, put down that you made \$1000 per month. If you normally get overtime, include it, but do not include it if you only work overtime sometimes. If you have lost a job or had your hours or wages reduced, use your current income.
- 12. WHAT IF SOME HOUSEHOLD MEMBERS HAVE NO INCOME TO REPORT? Household members may not receive some types of income we ask you to report on the application or may not receive income at all. Whenever this happens, please write a 0 in the field. However, if any income fields are left empty or blank, those will also be counted as zeroes. Please be careful when leaving income fields blank, as we will assume you meant to do so.
- 13. WE ARE IN THE MILITARY. DO WE REPORT OUR INCOME DIFFERENTLY? Your basic pay and cash bonuses must be reported as income. If you get any cash value allowances for off-base housing, food, or clothing, it must also be included as income. However, if your housing is part of the Military Housing Privatization Initiative, do not include your housing allowance as income. Any additional combat pay resulting from deployment is also excluded from income.
- 14. WHAT IF THERE ISN'T ENOUGH SPACE ON THE APPLICATION FOR MY FAMILY? List any additional household members on a separate piece of paper and attach it to your application. Contact **Homer Community School** to receive a second application.
- 15. MY FAMILY NEEDS MORE HELP. ARE THERE OTHER PROGRAMS WE MIGHT APPLY FOR? To find out how to apply for SNAP or other assistance benefits, please go online to ACCESSNebraska.ne.gov or call 1-800-383-4278.

If you have other questions or need help, call 402-698-2377.

Sincerely,

Mr. Gregg Cruickshank, Superintendent

Attachment B: 2023-24

Instructions for Completing the Free & Reduced-Price School Meals Family Application

For households receiving benefits from the Supplemental Nutrition Assistance Program (SNAP), Temporary Assistance for Needy Families (TANF) or the Food Distribution Program on Indian Reservations (FDPIR), follow these instructions:

Part 1: List each child's name, the school they attend and their grade.

Part 2: Enter household's Master Case Number if the household qualifies for SNAP, TANF or FDPIR.

Part 3: Skip this part.

Part 4: Complete this part. An adult must sign the form.

Part 5: This part is optional and does not affect your children's eligibility for free or reduced-price meals. If you do not select race or ethnicity, one may be selected based on visual observation.

For households with FOSTER, HOMELESS, MIGRANT or RUNAWAY CHILDREN, follow these instructions:

If all children in the household are foster children:

Part 1: List all foster children, the school they attend and their grade. Check the box indicating the child is a foster child.

Part 2: Skip this part. Part 3: Skip this part.

Part 4: Complete this part. An adult must sign the form.

Part 5: This part is optional and does not affect your children's eligibility for free or reduced-price meals. If you do not select race or ethnicity, one may be selected based on visual observation.

If some of the children in the household are foster children or are homeless, migrant or runaway children:

Part 1: List all children, the school they attend and their grade. Check the appropriate box.

Part 2: If the household does not have a Master Case Number, skip this part.

Part 3: Follow these instructions to report total household income from last month.

Column 1 – Household Members: List the first and last name of **each** person living in your household, related or not (such as grandparents, other relatives or friends) who share income and expenses. Attach another sheet of paper if necessary.

Column 2 - Gross Income and How Often it was Received: Gross income is the amount earned <u>before</u> taxes and other deductions; it is not your take-home pay. For each household member, list each type of income received for the month. You must also report how often the money is received – weekly, every other week, twice a month, or monthly.

Earnings from Work includes the following:

- · Salary, wages, cash bonuses
- Net income from self-employment (farm or business)

If you are in the U.S. Military, include:

- Basic pay and cash bonuses (do not include combat pay, Family Subsistence Supplemental Allowance (FSSA) payments or privatized housing allowances)
- Allowances for off-base housing, food and clothing

Do not include income from SNAP, FDPIR, WIC, Federal education benefits and foster care payments.

Public Assistance/Child Support/Alimony includes the following:

- Unemployment benefits, Worker's compensation
- Supplemental Security Income (\$SI), Cash assistance from state or local government
- Veteran's benefits (VA benefits), Strike benefits
- Child support payments, Alimony payments

Pensions/Retirement/All Other Income includes the following:

- Social Security payments (including railroad retirement and black lung benefits)
- · Private pensions or Disability benefits
- Regular income from trusts or estates, Annuities, Investment income, Earned interest, Rental income and *Regular* cash payments received from outside the household.

If you have no income, write "0" or leave the income field blank. By doing this, you are certifying there is no income to report.

Household Size: Enter the total number of people in your household.

Social Security Number: The adult signing the form must list the last four digits of their Social Security Number (SSN) or check the box to the right labeled "Check if no SSN."

Part 4: Complete this part. An adult must sign the form.

Part 5: This part is optional and does not affect your children's eligibility for free or reduced-price meals. If you do not select race or ethnicity, one may be selected based on visual observation.

Please note: Children who meet the definition of homeless, migrant or runaway, are eligible for free meals. However, the school district must have documentation on file from a migrant coordinator, homeless/runaway liaison or the district's Direct Certification list to approve the child for free meals.

For ALL other households, follow these instructions:

Part 1: List all children, the school they attend and their grade.

Part 2: If the household does not have a Master Case Number, skip this part.

Part 3: Follow these instructions to report total household income from last month.

Column 1 – Household Members: List the first and last name of **each** person living in your household, related or not (such as grandparents, other relatives or friends) who share income and expenses. Attach another sheet of paper if necessary.

Column 2 - Gross Income and How Often it was Received: Gross income is the amount earned <u>before</u> taxes and other deductions; it is not your take-home pay. For each household member, list each type of income received for the month. You must also report how often the money is received – weekly, every other week, twice a month, or monthly.

Earnings from Work includes the following:

- · Salary, wages, cash bonuses
- Net income from self-employment (farm or business)

If you are in the U.S. Military, include:

- Basic pay and cash bonuses (do not include combat pay, Family Subsistence Supplemental Allowance (FSSA) payments or privatized housing allowances)
- Allowances for off-base housing, food and clothing

Do not include income from SNAP, FDPIR, WIC, Federal education benefits and foster care payments.

Public Assistance/Child Support/Alimony includes the following:

- Unemployment benefits, Worker's compensation
- Supplemental Security Income (SSI), Cash assistance from state or local government
- Veteran's benefits (VA benefits), Strike benefits
- · Child support payments, Alimony payments

Pensions/Retirement/All Other Income includes the following:

- Social Security payments (including railroad retirement and black lung benefits)
- Private pensions or Disability benefits
- Regular income from trusts or estates, Annuities, Investment income, Earned interest, Rental income and Regular cash payments received from outside the household.

If you have no income, write "0" or leave the income field blank. By doing this, you are certifying there is no income to report.

Household Size: Enter the total number of people in your household.

Social Security Number: The adult signing the form must list the last four digits of their Social Security Number (SSN) or check the box to the right labeled "Check if no SSN."

Part 4: Complete this part. An adult must sign the form.

Part 5: This part is optional and does not affect your children's eligibility for free or reduced-price meals. If you do not select race or ethnicity, one may be selected based on visual observation.

Free & Reduced Price School Meals Family Application - complete one application per household Attachment C: 2023-24 **Return Completed Application to:** Homer Community School, PO Box 340, Homer, Ne 68030 Part 1: Children in School List names of all children in school (First, Middle Initial, Last). Check all that apply: If all children listed are foster, skip to Part 4 to sign the form. Homeless, If some of the children are foster or are homeless, migrant or Foster Migrant. Child runaway children, complete all steps of the application. Runaway Grade Name of School Child Attends Part 2: Assistance Programs - SNAP, TANF or FDPIR Benefits Enter MASTER CASE NUMBER if household qualifies for SNAP, TANF or FDPIR: (Social Security numbers, Medicaid numbers and EBT numbers are not accepted.) Skip to Part 4 Part 3: Total Household Gross Income – You must tell us how much and how often. 1. Household Members 2. Gross Income (before taxes) and How Often it was Received List everyone in the household, current income each Earnings from Work Public Assistance, Child Pensions, Retirement and person earns in whole dollars (no cents) & how often. before deductions Support, Alimony All Other Income Entering "0" or leaving the income field blank certifies no income to report. A foster child's personal use Income How often Income How often Income How often income must be listed. Last four digits of Social Security Number (SSN) of the Total Number of Household Members: Check if no SSN 🚨 (Children and Adults) XXX – XXX – _____ adult signing this form: Part 4: Adult Signature and Contact Information – An adult household member must sign the application. "I certify (promise) that all information on this application is true and that all income is reported. I understand that this information is given in connection with the receipt of Federal funds and that school officials may verify (check) the information. I am aware that if I purposely give false information, my children may lose meal benefits and I may be prosecuted under applicable State and Federal laws." Sign here: Print name: Date: Daytime Street Address (if available): Zip: Phone: Part 5: Children's Ethnic and Racial Identities - Optional Check one Ethnic Identity: - and -**Check one or more Racial Identities:** ☐ Hispanic or Latino □Asian □Black or African American □Native Hawaiian or ☐Not Hispanic or Latino □White other Pacific Islander ☐American Indian or Alaskan Native Do Not Fill Out the Section Below - For School Use Only Weekly X 52: Annual Income Conversion: Every 2 weeks X 26; Twice a month X 24: Monthly X 12 Free Reduced ■Denied Total Household Size: Reason for denial: ☐ Income ☐ Categorically eligible: ☐Income too high Total Income: ■ SNAP/TANF/FDPIR Incomplete application ☐Year ☐Month ☐2 X Mo ☐Every 2 Wks ☐Week ☐ Foster Child ☐ Homeless/Migrant/Runaway: (Official Documentation Required at School) Signature of Determining Official: Date Approved: FOR THE VERIFICATION PROCESS ONLY: Date Withdrawn Signature of Confirming Official: From School: Date Confirmed: Signature of Verifying Official: Date Verified:

Your children may qualify for free or reduced price meals if your household income falls at or below the limits on this chart.

FEDERAL INCOME CHART for School Year 2023-24						
Household size	Yearly	Monthly	Twice per Month	Every Two Weeks	Weekly	
1	26,973	2,248	1,124	1,038	519	
2	36,482	3,041	1,521	1,404	702	
3	45,991	3,833	1,917	1,769	885	
4	55,500	4,625	2,313	2,135	1,068	
5	65,009	5,418	2,709	2,501	1,251	
6	74,518	6,210	3,105	2,867	1,434	
7	84,027	7,003	3,502	3,232	1,616	
8	93,536	7,795	3,898	3,598	1,799	
Each additional person:	9,509	793	397	366	183	

The Richard B. Russell National School Lunch Act requires the information on this application. You do not have to give the information, but if you do not, we cannot approve your child for free or reduced price meals. You must include the last four digits of the social security number of the adult household member who signs the application. The last four digits of the social security number are not required when you apply on behalf of a foster child or you list a Supplemental Nutrition Assistance Program (SNAP), Temporary Assistance for Needy Families (TANF) Program or Food Distribution Program on Indian Reservations (FDPIR) case number or other FDPIR identifier for your child or when you indicate that the adult household member signing the application does not have a social security number. We will use your information to determine if your child is eligible for free or reduced price meals and for administration and enforcement of the lunch and breakfast programs. We may share your eligibility information with education, health and nutrition programs to help them evaluate, fund or determine benefits for their programs, auditors for program reviews and law enforcement officials to help them look into violations of program rules.

Non-Discrimination Statement: This explains what to do if you believe you have been treated unfairly.

In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity.

Program information may be made available in languages other than English. Persons with disabilities who require alternative means of communication to obtain program information (e.g., Braille, large print, audiotape, American Sign Language), should contact the responsible state or local agency that administers the program or USDA's TARGET Center at (202) 720-2600 (voice and TTY) or contact USDA through the Federal Relay Service at (800) 877-8339.

To file a program discrimination complaint, a Complainant should complete a Form AD-3027, USDA Program Discrimination Complaint Form which can be obtained online at: https://www.usda.gov/sites/default/files/documents/USDA-OASCR%20P-Complaint-Form-0508-0002-508-11-28-17Fax2Mail.pdf, from any USDA office, by calling (866) 632-9992, or by writing a letter addressed to USDA. The letter must contain the complainant's name, address, telephone number, and a written description of the alleged discriminatory action in sufficient detail to inform the Assistant Secretary for Civil Rights (ASCR) about the nature and date of an alleged civil rights violation. The completed AD-3027 form or letter must be submitted to USDA by:

- (1) Mail: U.S. Department of Agriculture Office of the Assistant Secretary for Civil Rights 1400 Independence Avenue, SW Washington, D.C. 20250-9410
- (2) Fax: (833) 256-1665 or (202) 690-7442; or
- (3) Email: program.intake@usda.gov

This institution is an equal opportunity provider.

Attachment E: 2023-24

Computing Income for Self-Employed Individuals

Individuals who are self-employed or engaged in farming may experience variations in cash flow and cannot easily report a monthly income. These individuals can use their 2020 U.S. Individual Income Tax Return Form 1040 to report self-employment income for the free and reduced-price meal application. The income to report is income derived from the business venture less operating costs incurred in the generation of that income. Deductions for personal expenses such as interest on home mortgages, medical expenses and other similar non-business items are <u>not</u> allowed in reducing gross business income.

When completing this form, **losses** (negative numbers) reported on any of the lines below are included when determining the **total** self-employed income. If the total income is a negative number, it is to be recorded as zero on the meal application in the column labeled "All Other Income".

Zero income resulting from use of the 1040 Form does not require follow-up.

Important Reminders from the U.S. Individual Income Tax Return Form 1040: Line 1 cannot be used to report current income. Income from wages or salaries must be reported on the application for the most recent month.

Line 9 (Total Income) and line 11 (Adjusted Gross Income) cannot be used for the purpose of applying for free and reduced-price meals.

The <u>five</u> line items listed below are used to determine allowable self-employment income.

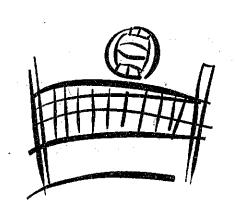
From the first page of the U.S. Individual Income Tax Return Form 1040: Line 7 Capital Gain or (loss) From the U.S. Individual Income Tax Return Form 1040 – SCHEDULE 1 - under Part 1 - Additional Income: Line 3 Business Income or (loss) Line 4 Other Gains or (losses) Line 5 Rental Real Estate, etc. Line 6 Farm Income or (loss) Total of the above five lines: equals annual self-employed income *

If the total of the above lines is a negative number, it must be changed to zero before it is transferred to the meal application.

NOTE: This form is used only to report income from self-employment and/or farming. If any members of the household have income from other jobs, the gross income from those jobs must be reported on the meal application form.

^{*} Report this figure on the meal application in the column labeled "All Other Income".





HOMER SCHOOL GAME ADMISSIONS

\$5 ADULT

\$4 STUDENT

SEASON PASSES

\$50 ADULT & \$40 STUDENT

2 ADULTS AND 1 STUDENT	\$100.00
2 ADULTS AND 2 STUDENTS	\$130.00
2 ADULTS AND 3 OR MORE	\$155.00

The season pass is good for all regular season home football, volleyball and basketball games.

DOES NOT APPLY TO TOURNAMENT GAMES!!





Homer Community School Activities Calendar

August 2023

Sun	Mon	Tue	Wed	Thu	Fri	Sat
6	7 FB, VB & XC practice begins	New Student Registration 9-12pm & 1-3pm	9	New Student Registration 9-12pm & 1-3pm	11	12
Community Open House 1-4	14	Open House and Cookout 6-7pm	16	First day of school 2:00 dismissal	18	19
27	VB Jamboree in SSC @ 5pm	TeamMates Kick-off @ 7pm Main Gym	Pre-K 4 First Day of school! Dismiss 2pm every Wednesday	Hartington	25 FB @ Bancroft– Rosalie 7pm	26
Coronation and Bonfire start time 5pm	Homecoming Week! VB @ Home FB JH @ Home	VB @ Home		XC @ Beemer VB@ Ponca		

HOMER HIGH SCHOOL ATHLETICS REQUIRED FORMS

PHYSICAL, NSAA, AMBULANCE & CONCUSSION FORMS

Forms may be Submitted as early as May 1st for 2023-24 school year.

ALL students in grades 7-12 who wish to participate in school athletics MUST submit all forms BEFORE they may begin practice.

ALL 7th graders MUST have a physical prior to the start of the school year, even if they do not plan to participate in school sports.

ATHLETES AND PARENTS MUST complete and sign all forms and have a doctor sign the physical clearance form.

- > The school will mail the forms to all students' homes in the spring and summer newsletters.
- > You may pick up forms at the school office.
- > You may also print the forms from the school website.

NOTE: all sections must be completed, signed and on file at the school prior to any participation.

High school volleyball, cross country and football practices begin on Monday, 7 August, 2023.

Return complete forms to the school office.



Concussion Awareness Homer Community School Student-Athlete / Parent Information Notification

This form must be signed by all student-athletes and parent/guardians before the student participates in any athletic, spirit practice or contest each school year. A concussion is a brain injury and all brain injuries are scrious. They are caused by a bump. blow, or jolt to the field. A concussion can also be caused by a blow to another part of the body with the force transmitted to the head. Concussions can range from mild to severe and can disrupt the way the brain normally works. Though most concussions are mild, all concussions are potentially serious and may result in complications including prolonged brain damage and death if not recognized and managed properly. In other words, even a "ding" or a bump on the head can be serious. You can't see a concussion and most sports concussions occur without loss of consciousness. Signs and symptoms of a concussion may show up right after the injury or can take hours or days to fully appear. If your child reports any symptoms of concussion, or if you notice the symptoms or signs of concussion yourself, seek medical attention right away.

Signs (observed by examiner)

- -Appears dazed or stunned
- -Confusion
- -Moves clumsily
- -Loss of consciousness
- -Behavior/personality changes
- -Forgets events prior to injury (Retrograde amnesia)
- -Forgets events after injury
- (Anterograde amnesia)

Symptoms (reported by athlete)

- -Headache
- -Nausea
- -Balance problems or dizziness
- -Double or fuzzy vision
- -Sensitivity to light
- -Tinnitus (ringing in ears)
- -Feeling "foggy"
- -Concentration or memory issues
- -Change in sleep pattern
- -Feeling fatigued

Adapted from the CDC and the 3rd International Conference in Sport What can happen if my child keeps playing with a concussion or returns too soon? Athletes with the signs and symptoms of a concussion should be removed from play immediately. Continuing to play with the signs and symptoms of a concussion leaves the young athlete especially vulnerable to greater injury. There is an increased risk of significant damage from a concussion for a period of time after that concussion occurs, particularly if the athlete suffers another concussion before completely recovering from the first one (second impact syndrome). This can lead to prolonged recovery, or to severe brain swelling with devastating and even fatal consequences. It is well known that adolescent or teenage athletes will often underreport symptoms of injuries. Concussions are no different. As a result, education of administrators, coaches, parchts and students is key for student-athlete safety.

If You Think Your Child has Suffered a Concussion

Any athlete suspected of suffering a concussion should be removed from the game or practice immediately. No athlete may return to activity after an apparent head injury or concussion, regardless of how mild it seems or how quickly symptoms clear, without written medical clearance from a health care professional (athletic trainer, primary care physician, or neurologist). Close observation of the athlete should continue for several hours. You should also inform your child's coach if you think your child may have a concussion. Remember, it is better to miss one game than miss the whole season. When in doubt, the athlete sits out!

Return to Practice and Competition

Statistical and the control of the c

Homer Community School Concussion Management Policy provides that if an athlete suffers, or is suspected of having suffered, a concussion or head injury during a competition or practice, the athlete must be immediately removed from the competition or practice and cannot return to practice or competition until a health care professional (athletic trainer, primary care physician, or neurologist) has evaluated the athlete and provided a written authorization to return to practice and competition. Homer Community School recommends that an athlete not return to practice or competition the same day the athlete suffers or is suspected of suffering a concussion. Homer Community School also recommends that an athlete's return to practice and competition should follow a graduated protocol under the supervision of the school's athletic trainer or licensed health care professional.

For current and up-to-date information on concussions go to: http://www.cdc.gov/concussion/HeadsUp/youtli.html

For education from the Nebraska Concussion Network go to: http://Neb.SportsConcussion.org

Student-Athlete Name Printed	Student-Athlete Signature	 Date
	•	
Parent or Legal Quardian Printed	Parent /Legal Guardian Signature	 Date

Preparticipation Physica	al Eva	luatio	1 CLEARANCE I	ORM
Name	_Sex	_Age	Date of Birth	*******
Cleared for all sports without Restriction			GRADÉ	
Cleared, with recommendations for further	treatment	for:		
Not cleared Pending further evaluation				
Tdap booster administered on	(Re	quired per Nebras	ka state law for students entering	7 th grade)
Reasons / Recommendations:		The state of the s	propherical section of the section o	Verrelji (Mikrishin, mpinsal q
EMERGENCY INFORMATION	egeletteride filosofi franceski	.	a ya kana ka a a a a a a a a a a a a a a a 	
Allergies	er derkenste betreen der flesse er en falle er	in the state of th		and the second
Other information				
Name of physician (print)		مناوية ومتاده والمتواجعة والمتوادية ومعاورة والمتوادية	Date	e de la constantina
Address	g anglephone jalen pagan yang aran Paja gam ba	de-a	_Phone	
Signature of Relysician	والمراجعة المراجعة ا	en de la composição de la	M Ny taona mandrona mandrona mpikambana mpik	D or DO
thave commined the above named student and completed the pre- clinical contraindications to practice and participate in the sportls and can be made available to the school at the request of the pare the physician may resclind the clearance until the problem is resolventlete (and parents/guardians). AMBULANCE / PERMISSION) as outlined a ents. If conditi ved and the p	boye, A copy of the ons:Eriso after the otential conseque	e physical exam is on record in : e athlete has been cleared for pa nses are completely explained to	ny office rtichation
This section of this form is to allow Rescue St Immediate care to our son/daughter parents, parent or legal guardian cannot be c for Homer Community School and If injured v transported to the designated hospital by Re	aff and Ho contacted Will be car	ospital Care Our son/de	to admit and/or provi- in the event t aughter will be particly	:hat pating
Desired Hospital: (please circle)	•		•	
ST. LUKES MERCY MEDICAL CENTER F	PENDER	WINNE	BAGO	
Medical information; (e.g. allergies, medication)				***************************************
Racentsignature:				

- more opposition of the property of the property

To be completed for Students participating in any NSAA activities.

Student and Parent Consent Form

. 244	
- No.	

School Year: 20	20			
Member School:				
Name of Student:			 -	
Date of Birth:		Place of Birth:		

The undersigned(s) are the Student and the parent(s), guardian(s), or person(s) in charge of the above-named Student and are collectively referred to as "Parent".

The Parent and Student hereby:

- (1) Understand and agree that participation in NSAA sponsored activities is voluntary on the part of the Student and is a privilege;
- (2) Understand and agree that (a) by this Consent Form the NSAA has provided to the Parent and Student of the existence of potential dangers associated with athletic and activity participation; (b) participation in any activity may involve injury or illness of some type; (c) the severity of such injury can range from minor cuts, bruises, sprains, and muscle strains to more serious injuries to the body's bones, joints, ligaments, tendons, or muscles, to catastrophic injuries to the head, neck and spinal cord, and on rare occasions, injuries so severe as to result in total disability, paralysis and death; (d) the severity of an illness, including contagious diseases such as the COVID-19 virus, and bacterial infections may be so severe as to result in disability and death; and, (e) even with the best supervision, the use of the best protective equipment and strict observance of rules, injuries are still a possibility;
- (3) Consent and agree to participation of the Student in NSAA activities subject to all NSAA Bylaws and rules interpretations for participation in NSAA sponsored athletic and/or activities, and the athletic and activities rules of the NSAA member school for which the Student is participating; and,
- (4) Consent and agree to (a) the disclosure by the Member School at which the Student is enrolled to the NSAA, and subsequent disclosure by the NSAA, of information regarding the Student, including the Student's name, address, telephone listing, electronic mail address, photograph, date of and place of birth, major fields of study, dates of attendance, grade level, enrollment status (e.g., full-time or part-time), participation in officially recognized activities and athletics, weight and height as a member of athletic teams, degrees, honors and awards received, statistics regarding performance, records or documentation related to eligibility for NSAA sponsored activities, medical records, and any other information related to the Student's participation in NSAA sponsored activities; and, (b) the Student being photographed, video recorded, audio taped, or recorded by any other means while participating in NSAA activities and contests, consent to and waive any privacy rights with regard to the display of such recordings, and waive any claims of ownership or other rights with regard to such photographs or recordings or to the broadcast, sale or display of such photographs or recordings.
- (5) Consent and agree to authorize licensed sports injury personnel to evaluate and treat any injury or illness that occurs during the Student's participation in NSAA activities. This includes all reasonable and necessary preventive care, treatment and rehabilitation for these injuries. This would also include transportation of the Student to a medical facility if necessary. Such licensed sports injury personnel are independent providers and are not employed by the NSAA.
- (6) Acknowledge that Parents are obligated to pay for professional medical and/or related services; the NSAA shall not be liable for payment of such services. We give permission to any and all of the Student's health care providers and the NSAA and its employees, staff, agents, and consultants to release and discuss all records and information about the Student including otherwise confidential medical information and records. We understand that this release has been requested and may be used for the purpose of determining eligibility pertaining to activities participation, fitness, injury, injury status, or emergency.

I acknowledge that I have read paragraphs (1) through (6) above, understand and agree to the terms thereof, including the warning of potential risk of injury inherent in participation in athletics and activities.

injury innerent in participation in atmenes and activity	ues.	
Name of Student [Print Name]	Student Signature	Date
above, understand and agree to the terms thereof, inc Having read the warning in paragraph (2) above	ce] (Parent) (Guardian). (I)(We) acknowledge that (I)(Ve) cluding the warning of potential risk of injury inherent is and understanding the potential risk of injury to my sert Student name] to practice and compete for the elow:	n participation in athletics and activities Student, (I)(we) hereby give (my)(our

Baseball	Basketball	Bowling	Cross Country	Debate	Football	Golf
Journalism	Music	Play Production	Soccer	Softball	Speech	Swim/Dive
Tennis	Track & Field		Unified Track & Field	Volleyball	Wrestling	

Parent(s)/Guardian Printed Name(s)*	Parent/Guardian Signature	Date of Signature



BOARD MEMBERS
Paul Tighe, President
Byron Hall, Vice-President
Kristina Nelsen, Secretary
Aaron Reis, Treasurer
Tyler Kirkholm, Member
Ryan Harris, Member

Home of the Knights



HOMER COMMUNITY SCHOOL

212 S. 3RD STREET • P.O. BOX 340 • HOMER, NEBRASKA 68030 • PHONE: (402) 698-2377 • FAX (402) 698-2379



SUPERINTENDENT Gregg Cruickshank

SECONDARY PRINCIPAL
Tom Coviello

ELEMENTARY PRINCIPAL
Abbie Uhl

BUSINESS MANAGER Amy Brand

August 1, 2023

Protecting the health and welfare of students is a concern that all school administrators face each and every day. Student Accident Insurance helps ease those concerns by providing benefits for injuries that occur during school hours and or school sponsored and supervised activities (i.e. athletics, gym class, playground, field trips, JROTC, etc.) Student Accident Insurance serves to reduce out of pocket expenses not paid by primary coverage including copays, deductibles, coinsurance, etc., and will pay on a primary basis in the absence of other collectible coverage. With the increasing trend of high deductible plans, and more of the cost share shifted to the insured. Student Accident Coverage has become more important than ever! This means even if you have health insurance, you should consider purchasing this accident plan as a secondary insurance!

The school district does not provide any type of health or accident insurance for injuries incurred by your child at school.

REASONS TO PURCHASE THIS COVERAGE:

- 1. DEDUCTIBLES AND CO-PAYS IN YOUR HEALTH PLAN. MANY HEALTH PLANS HAVE INCREASED THE AMOUNT OF OUT-OF-POCKET EXPENSES. THIS PLAN WILL HELP PAY THE DEDUCTIBLES AND CO-PAYS THAT YOU MAY BE OUT OF POCKET IN THE EVENT OF AN INJURY.
- 2. No insurance.

This plan will provide benefits for medical expenses incurred because of an accident. If you have other insurance, our benefits will be applied to your deductible or co-pay. If you have no other insurance this will become your primary accident plan.

To purchase coverage:

- 1. Go to website: www.sas-mn.com
 - a. Click under K12 "Find My School"
 - b. Choose State
 - c. Choose School District
 - d. Follow instructions to choose plan and make payment online. (There is a \$5.00 credit card transaction fee.)
 - e. Print proof of coverage
- 2. Coverage will become effective at 12:01a.m. following the date the enrollment is made online and premium is paid.
- All questions regarding the coverage may be directed to Student Assurance Services, Inc., at 800-328-2739.





Student Injuries Can Happen

Offered to Families with Students - Grades PK-12
Approved By Your School/School District

What is **Student Accident Insurance?**

♦ Coverage that provides financial assistance with your out-of-pocket medical expenses when your student sustains an accidental bodily injury.

Why Consider Student Accident Insurance For Your Student?

- ♦ High Deductible/Copayments to your Family's Primary Health Insurance
- ♦ No Health Insurance for your Student
- Your Student participates in a interscholastic sport where an unexpected injury is more likely to occur.
- **♦** Your Student is prone to injuries

Coverage Options Available Through Your School

- ♦ School Time Coverage \$16.00
- ♦ Interscholastic Sports Coverage (w/School Time-\$91.00 or 24 Hour Coverage-\$174.00)
- ♦ 24-Hour/Full-Time Coverage \$99.00
- ♦ Football Coverage \$250.00 (Grades 9-12 for the football season)
- ♦ Extended Dental Coverage \$9.00

 Premium Paid Once a School Year

To Enroll Your Student & Review Medical Benefits

Go to: www.sas-mn.com

- 1. Click "Enroll" in K-12 Students & Parents
- 2. Select State and School/District
- 3. Select "Brochure" to review medical benefits, coverage options, and rates.

Parents can either print and complete the enrollment form to mail with check/money order or:

You Can Purchase Coverage Online:

- Select "Purchase Online"
- Complete online application (more than one student can be enrolled)
- Pay by Credit Card/Debit
- Print ID Confirmation after transaction is successful



Homer Community School 212 S. 3rd Street PO Box 340 Homer, NE 68030

Return Service Requested

U.S. Postage Paid

Permit No. 2

Non-Profit Organization



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Enclosed

**Free and Reduced Application

**School Physical Form

**Elementary School Supply List

**Calendar